

Monthly Menu



| | Monday | Tuesday | Wednesday | Thursday | Friday | |
|---------------|----------------------------------|--|--|------------------------------------|------------------------|--|
| Lunch | Chicken and Rice Soup | Quinoa Soup | Chicken Noodle Soup | Buckwheat Chicken Soup | Chicken Buckwheat Soup | <p>Breakfast from 6:30-8:15 AM Instants oatmeal, Cereal & Milk or Whole Bagel w/cream cheese, Waffles, Pancakes & Milk, Yogurt</p> <p>1st snack at 10:15 am Seasonal fruit with club crackers or animal crackers, apple sauce, yogurt or cheese sticks</p> <p>Lunch at 12:15 pm</p> <p>2nd snack 3:30 pm Apple slices, Banana, Strawberries, Blueberries Animal crackers, Apple sauce, Yogurt or Cheese sticks, Veggie sticks</p> <p>Dinner: 5:15 pm</p> <ul style="list-style-type: none"> ○ Soup served with salad & bread ○ Lunch served with fresh vegetables (cucumber, tomato or sweet pepper). ○ Snack is subject to change due to season and availability |
| Dinner | Chicken Cutlets with Elbow Pasta | Porcupine (Rice and Chicken Meatballs) served with buckwheat | Breaded Baked Chicken with Mashed Potatoes | Chicken Meatballs served with Rice | Beef Franks with Pasta | |