


	Week 1	Week 2	Week 3	Week 4	<h2 style="text-align: center;">MONTHLY MENU</h2>  <p>Breakfast: from 6:30-8:15 AM</p> <p>Instants oatmeal, Cereal & Milk or Whole Bagel w/cream cheese, Waffles, Pancakes & Milk, Yogurt, banana bread</p> <p>1st snack: at 10:15 am</p> <p>Seasonal fruit with club crackers or animal crackers, apple sauce, yogurt or cheese sticks</p> <p>Lunch: at 12:15 pm</p> <p>2nd snack: 3:30 pm</p> <p>Apple slices, Banana, Animal crackers, apple sauce, yogurt or cheese sticks</p> <p>Dinner: 5:15 pm</p> <ul style="list-style-type: none"> • Soup served with salad & bread • Lunch served with fresh vegetables
Mon	Chicken noodle soup	Chicken orzo soup	Chicken noodle soup	Chicken alphabet soup	
	Chicken cutlets with rice & vegetables	Cutlets with rice	Cutlets with rice & vegetables	Chicken cutlets with buckwheat	
Tue	Chicken buckweat soup	Chicken soup with rice and lentil	Chicken soup with rise (mastova)	Chicken rice soup	
	Meatloaf with pasta	Meatballs with potato (lulya kebab) with pasta	Chicken meatballs with cabbage (lenity golubcy) with rice	Chicken meatballs (tefteli) with pasta	
Wed	Chicken meatballs soup with rice	Chicken orzo soup	Chicken noodle soup with meatballs	Chicken orzo soup	
	Chicken meatballs (tefteli) with buckwheat	Meatloaf with rice	Sausage with buckwheat	Meatballs with potato (lily kebab) with rice	
Thu	Rice & lentil soup (V)	Pearl barleys soup (V)	Rice & lentil soup (V)	Pearl barleys soup (V)	
	Shepperd's pie	Cutlets with vegetables and pasta	Cutlets with rice & vegetables	Lasagna	
Fri	Chicken alphabet soup	Chicken alphabet soup	Chicken alphabet soup	Chicken alphabet soup	
	Sausage with buckwheat	Lasagna	Shepperd's pie	Meatloaf with rice	