

- **2 snacks served each day. Snack options include:** Yogurt, graham crackers, applesauce, fresh fruit (apples, peaches, bananas, watermelon, strawberries, blueberries)
- Everything is cooked on organic vegetable or olive oil.



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Organic milk	Croissants Organic milk	Pancakes with maple syrup Organic milk	Homemade banana muffins Organic milk	Waffles with maple syrup Organic milk
Lunch	<b>Soup:</b> ABC chicken soup <b>Entree:</b> Cheese sandwich <b>Vegetable:</b> Fresh veggies	<b>Soup:</b> Borscht with chicken soup <b>Entree:</b> Cream cheese sandwich <b>Vegetable:</b> Fresh veggies	<b>Soup:</b> Minestrone soup <b>Entree:</b> Turkey sandwich <b>Vegetable:</b> Fresh veggies	<b>Soup:</b> White bean soup <b>Entree:</b> Cheese sandwich <b>Vegetable:</b> Fresh veggies	<b>Soup:</b> Chicken meatball soup <b>Entree:</b> Cream cheese sandwich <b>Vegetable:</b> Fresh veggies
Dinner	<b>Entree:</b> Chicken stew with rice <b>Vegetable:</b> Steamed broccoli	<b>Entree:</b> Cutlets with buckwheat <b>Vegetable:</b> Steamed carrots	<b>Entree:</b> Bolognese pasta <b>Vegetable:</b> Steamed broccoli	<b>Entree:</b> Stuffed cabbage rolls <b>Vegetable:</b> Fresh cucumber salad	<b>Entree:</b> Shepperd's pie <b>Vegetable:</b> Steamed broccoli

**WATER IS SERVED TO CHILDREN THROUGHOUT THE DAY**